

Day 5

1 READ ABOUT IT!

"Peace I leave with you; my peace I give to you. Not as the world gives do I give to you. Let not your hearts be troubled, neither let them be afraid."

—John 14:27

2 THINK ABOUT IT!

When you trust God, He gives you peace—even if you are going through something hard or scary. Peace is a calmness in your heart. Things in the world might try to give you peace, but it doesn't last like God's peace does. The Bible doesn't say that life will be easy, but God is with you and will give you peace, even during those hard times.

Unscramble the words to remember what the Bible says peace from God is!

Peace is l c m a d n a o j y
f r o m r i t u t g n s G o d !

Peace is _____

_____ from

_____ God!

3 PRAY ABOUT IT!

Talk to God about something you need peace for. Ask Him to help you trust Him and to give you peace and joy.

Have you learned your memory verse? Try saying it using only the first letter of every word as a clue. Then, see if you can say it without any help!

T h d t g o G
a t s a p h h

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Quiet Time

WORD UP! Trust God—He is in control!

You can practice your memory verse every day!
Read it out-loud, then see how much you can say without looking.

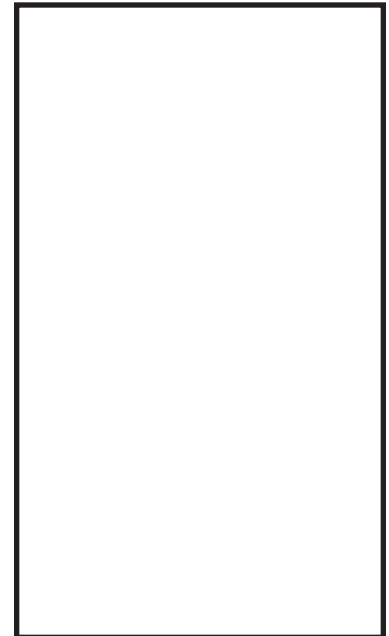
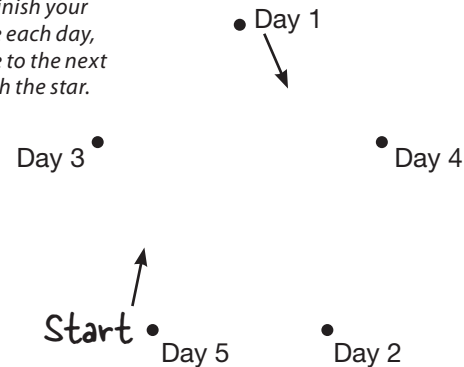
“The heavens declare the glory of God, and the sky above proclaims his handiwork.”

Psalm 19:1

Did you know that if you were on the planet Mars, the sunset would look blue? Or that the sun and the earth are so perfectly in place in outer space so that the sun gives the earth sunshine without burning everything up? God made the world so amazing to show how wonderful and awesome He is! Our memory verse talks about how everything in creation reminds us that only God has the power and wisdom to create such amazing things! Knowing how awesome and powerful God is can help you trust Him. This week in your Quiet Time, you will be looking at verses about God's power and how you can trust Him, no matter what.

Draw or write about something you learned or were reminded of in your Quiet Time this week!

After you finish your Quiet Time each day, draw a line to the next dot to finish the star.



Day 1

1 READ ABOUT IT!

"It is he [God] who made the earth by his power, who established the world by his wisdom, and by his understanding stretched out the heavens."

—Jeremiah 10:12

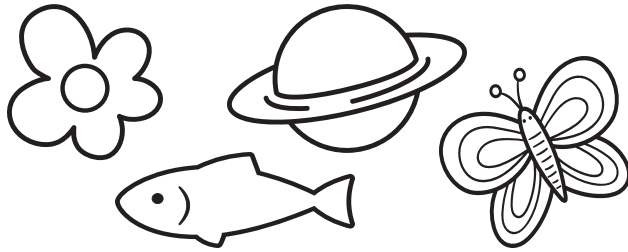
3 PRAY ABOUT IT!

Think about the picture you circled and why it's your favorite. Tell God why you like that part of His creation. Thank Him for making it and for showing you and me how wonderful and powerful He is through what He has made!

2 THINK ABOUT IT!

God is the one who created everything on earth, in outer space, and beyond! God made everything with wisdom and understanding. That means God lovingly designed the world the best way. God is the only one powerful enough to do this. Isn't it amazing that this same powerful God knows you and loves you?! And He is there to help those who believe in Jesus. He helps them have courage, trust Him, and so much more. If you have believed in Jesus, you can tell God how wonderful He is and thank Him for loving and helping you.

You can see how powerful and wise God is in creation! For example, when you see a sunset, you can think about how amazing God is for designing the world to have day and night! Below are some things that you might find in creation. Color them in then circle your favorite!



Day 3

1 READ ABOUT IT!

"Casting all your anxieties on him, because he cares for you."

—1 Peter 5:7

3 PRAY ABOUT IT!

If there's something making you anxious, talk to God about it! Thank God for caring about you and the things that make you anxious.

2 THINK ABOUT IT!

Casting means to "throw." God is telling you to "throw" the things that worry or upset you to God. You can't physically throw the things that make you anxious at God, but you can tell Him about them and how they make you feel. Then you can trust Him with them. The God who created the whole world is even more powerful than whatever is making you anxious. He promises to give strength and help to those who believe in Jesus!

Why can you cast your anxieties at God? Read the verse again, then hold the picture in front of a mirror to find out!

God cares for you!

Day 2

1 READ ABOUT IT!

"Look at the birds of the air: they neither sow [plant] nor reap nor gather into barns, and yet your heavenly Father feeds them. Are you not of more value than they?"

—Matthew 6:26

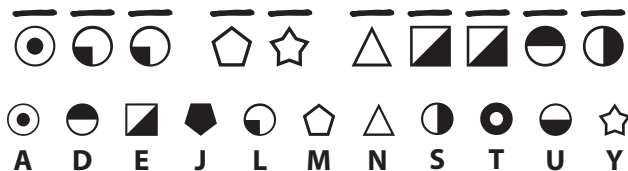
3 PRAY ABOUT IT!

Think about how much God cares for you and thank Him for it! If you have a need, talk to God about what it is. Remember God often uses others to help. Ask God for courage to talk to an adult you trust about things that make you anxious.

2 THINK ABOUT IT!

When God made the world, it was perfect. But sin, the wrong things you and I do against God, ruined His perfect world. Sin causes many bad things to happen, like sickness, anxious and sad feelings, fighting, and death. Even though the world isn't perfect anymore, God is still powerful! He promises to take care of those who believe in Jesus. God even takes care of the birds. They don't have to worry about their needs because God values them, and God values you way more! If you believe in Jesus, you can trust that God will take care of you! It may not happen the way you think or expect, but you can trust that God will provide.

What kind of needs does God take care of?
Solve the code to find out!



Day 4

1 READ ABOUT IT!

"God is our refuge and strength, a very present help in trouble."

—Psalm 46:1

3 PRAY ABOUT IT!

Thank God that He is always with those who believe in Jesus! Ask Him to give you wisdom to know the right thing to do and strength to do it. If there is something you need His refuge and strength for, talk to Him about that too.

2 THINK ABOUT IT!

God promises to help those who believe in Jesus during times of trouble. God is your refuge, which means you can trust Him with anything. When you get anxious, you can know God is in control! He is always with you and available to help. God won't always take the thing you are anxious about away, but He will work through it. God can give you the wisdom and strength you need to do what's right in whatever situation you face.

God is "very" present, that means He is always with those who believe in Jesus in a special way. Below are some examples of places where God is with you. Can you find them all in the word search?

- Home
- School
- Doctor's office
- Church
- Playground
- Day
- Night
- Everywhere

O	X	G	H	J	V	W	Y	Y	Q	T	R	U	R	Q
D	U	I	B	S	B	G	N	A	E	U	W	T	S	G
U	N	F	G	E	N	O	R	B	P	M	I	B	Q	X
N	W	U	J	M	R	M	N	O	Z	J	C	K	V	O
J	P	W	O	X	N	E	Z	F	S	C	H	O	M	E
C	O	F	N	R	B	U	H	N	A	E	U	Q	R	E
F	R	I	S	Z	G	N	Y	W	I	D	R	I	K	Y
H	X	I	G	Q	R	Y	Y	Y	G	C	F	A	U	
D	V	V	C	Z	J	S	A	S	N	R	H	D	Y	A
C	X	T	Q	B	B	C	P	L	K	M	E	T	V	P
Z	Q	D	K	F	X	H	P	H	P	N	E	V	A	G
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D	V	S	P	Q	T	L	G	P	N	K	A	D	F	H
R	C	G	Z	Q	X	V	I	X	M	V	F	C	G	L